Smoking AMM motion:

Why this should be a thing:

I believe it is a good idea for people to (either) quit smoking all together or reduce the chances of others taking in smoke from being exposed to smoke in the air. According to the NHS (2018) smoking can be harmful to your reproduction and fertility systems, bones, skin, mouth and throat, lungs, stomach, heart, brain and circulation system. Therefore, the more people who give up smoking at an earlier age, the better chance an individual may have at securing a healthier body and lifestyle. The University are already looking into opportunities to provide staff with the support necessary to help them stop smoking, should they wish to seek it.

What I would like to see:

* To increase the awareness of the health complications of smoking
* To offer support for smokers in giving up smoking.
* For this to be in place by the end of the year.
* I believe we should lobby the university in subsidizing the cost of the, ‘quit’ smoking support and building/ making use of appropriate areas for smoking.

Author:

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