

Officer Report | Vice President Welfare

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Meeting of:	Executive Meeting – Policy & Campaigns Committee
Action:	Approve/Note
Summary:	This paper contains a report of the key events, meetings, media and engagement that I have attended as well as any gifts or conflicts of interest I need to report.
Publication	For publication and circulation to Edge Hill Students' Union members

Section 1 | Overview



KEY PROJECTS 2018-19


- Supporting liberation and faith**
 working with other officers & groups to celebrate students of faith and oppressed groups
- Building an accessible union**
 ensure that SU videos are captioned and signed versions are released, and secure Braille menus in the bar & plain-text resources.
- Improving your mental health**
 highlight self-care and the gendered nature of mental health
- Beating bullying & harassment**
 promote Zero Tolerance, Stop Spiking, Consent, & Hate Crime Awareness campaigns, and run a campaign to #BeatBullying
- Dealing with housing**
 run a housing week with helpful housing guides


EHSU UP WELFARE

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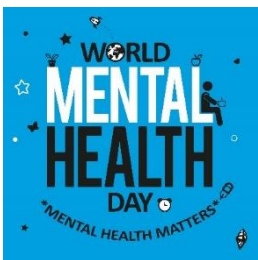


PROGRESS:


EDGEHILLSU_SABBS

Section 2 | Priorities for 2018-19

In this section of the report you will be writing in the progress of each of your projects. Once you've filled in the 'Project' column that can remain the same for the full year in every report and all you need to do is fill in the 'Progress' column before each meeting.

Projects Write here a title or name which most closely describes your project	Progress How has this area of work progressed since its commencement or since the last report
Constant Consent 	<p>Consent and bystander intervention training delivered during Womens week.</p> <p>Beginning work on consent guide to go into halls come September by looking at what type of guides other institutions offer.</p> <p>Working with women's officer on consent and bystander intervention training. Working with student services and wellbeing team to ensure this workshop is accessible to as many students as possible whilst still being sensitive to triggers.</p> <p>Edited the consent workshops to include a 5-minute access break allowing students who want to leave the opportunity to leave without feeling pressured. 3,700 first year students given the work shop.</p> <p>All Su bar staff have now had 'Good Night Out' Training and we have implemented the 'Ask for Angela' scheme in the bar and bar staff have been trained on how to handle any report of sexual harassment of any form.</p> <p>We now have these posters in the su bar and have liaised with the university to include these posters across the institution.</p>
Liberation 	<p>Organised Women's Week with Women's officer including time line of inspirational women, workshops, self image and body positivity work shop and women speak out t-shirt exhibition to be done at the end of Womens history month.</p> <p>Nationally recognized for pride week – highly commended for NUS LGBT+ Campaign of the year for the union.</p> <p>Organisation of pride week.</p> <p>Collaborated with our two officers to create a full week of pride events. This includes our first ever pride fair and clothes swap as well as developing previous pride events such as pride in socs and sport work shops, MILK, pronouns work shop and EHSU Drag Race.</p>

	<p>Trans day of remembrance – Lit up the building, supported officers in Pronouns workshop and held remembrance vigil.</p> <p>Hanukah celebration held in collaboration with chaplaincy Aswell hosting the first interfaith forum of the year and hosting the interfaith faith.</p> <p>Bisexual Visibility week – We lit up the building in the bi flag. colours and held bi themed events across the week.</p> <p>Met with Lauren from Sign Soc to plan for disability history month sign language flash mob.</p> <p>Work with bar team to train all bar staff on ask for Angela and Good night out.</p> <p>Worked over summer on organisation of MILK</p> <p>Laised with BME officer and staff for black history month.</p> <p>Working with TNB officer on TDOR (Trans day of remembrance) to organise workshop on trans and pronoun etiquette.</p>
<p>Mental Health</p>    <p>We are supporting World Mental Health Day with a series of activities across the University for students and staff</p> <p>This year the Students' Union is marking World Mental Health Day with a series of activities which will see mental health organisations across the University and the wider community join together to raise awareness about mental illness and its effects on people's lives, promote community outreach and provide public education regarding mental health and wellbeing. Activities during the day include art events, educational sessions provided by healthcare professionals, advertising campaigns, mental health fairs and movie nights.</p> <p>We have launched a mental health survey to find out what knowledge new and existing students have of the University's support services so we can better market these to those who need them most. Click here to access the survey which will run until Friday 12th October.</p> <p>Wednesday 10th October 2018</p> <ul style="list-style-type: none"> • Market stall event – 11.00am to 3.00pm HUB • Student Minds Society, Sign Language Society • Free society. We will be offering Free yoga relaxation sessions, Barbers making and information and advice from 11.00am to 3.00pm in the HUB • A free ice van. 11.00am to 3.00pm. This will take place outside the Students' Union, weather permitting • Suicide prevention training. Mindfulness training. Charlie Walker Foundation – Faculty of Health and Social Care 	<p>University mental health</p> <p>Lobbied the university and got them to agree that Edge Hill University and the SU will sign up to Student Minds' proposed Mental Health charter, Subsequent objectives to be developed once Charters' standards have been formalized. As part of this work consider producing a revised mental health and wellbeing policy and whether a mental health lead in each Faculty would be a positive development.</p> <p>Attended a working group with VP Ac Rep to contribute to the writing of this charter as part of other institutions and will continue to be part of the contribution of this charter for future years.</p> <p>University mental health day.</p> <p>Contributed toward the day with several Su stalls from societies and officers. The mental health survey done on world mental health day was re ran to look at how students attitudes have changed over 6 months.</p> <ul style="list-style-type: none"> ✓ World mental health day ✓ 32 events across campus ✓ Over 500 students on the selfie mirror ✓ 700 stress packs given out ✓ 150 students on the survey ✓ 500 ice cream vouchers given ✓ Break the stigma tshirts ✓ Gender and mental health discussion well attended ✓ Overall great day ✓

International Mens day

- awareness day for Mens mental health
- collaboration with student minds society Mens rep – Chris Steele

Futher work on mental health:

Acting on the information given in the survey.

https://issuu.com/edgehillsu/docs/world_mental_health_day_2018

 **Edge Hill Students' Union** shared a post. 30 October at 11:52 · 🌐

Our **EHSU VP Welfare** needs YOU!

We're looking for four more students who identify as men to take part in our international Men's Day focus group. The focus group will ensure that our campaign for better discussion of men's mental health is directed by those it affects most.

Interested? Get in touch with Molly by emailing SVVPWelfare@edgehill.ac.uk

 **EHSU VP Welfare** 30 October at 11:32 · 🌐

Hi All!

On the 19th November it is international mens day and I plan to use this day to acknowledge and discuss mens mental health!

As part of that i want to e...

Mens Mental Health:

Organised Gender and mental health discussion for WMHD18
Following this I have liaised with students who identify as male to create a Mens Mental health working group, including our newly elected mental health rep, who identifies as a man, student minds society Mens rep, our 3 male FTOs and volunteers who are identifying students.


As part of this group we decided to bring in a local barber for international Mens day to offer free hairs cuts as a time to talk.
Trans Mental health:

Including trans Mens mental health in all discussion around Mens mental health. Liaising with trans and non binary officer to create a vigil for all those being remembered in tdor.

Organised light up being in trans flag for the day too.

University mental health

Lobbied the university and got them to agree that Edge Hill University and the SU will sign up to Student Minds' proposed Mental Health charter, Subsequent objectives to be developed once Charters' standards have been formalized. As part of this work consider producing a revised mental health and wellbeing policy and whether a mental health lead in each Faculty would be a positive development.

<p>Housing</p> 	<p>Began to work on an accountability platform for landlords. Working with platform marks out of tenancy and hoping to launch in 3rd semester.</p> <p>Workshops participated by around 70 students. Majority of students who attended the workshops decided to wait until second semester before renting and in following year housing fair will be in second semester</p> <p>Meet with Richard from accommodation to discuss housing workshops</p> <p>Have developed flat mate finder events for students who struggle to find groups to live with.</p> <p>Issued statement on VP welfare page regarding housing mess up, working with accommodation team.</p> <p>All students who had to live off campus initially will get 250 pound reduction if moved onto campus.</p> <p>Liaising with accommodation to sort issues in woodland court to do with maintenance.</p> <p>Working on a don't let yet campaign to prevent students from renting so early in the year and rushing into contracts.</p> <p>Don't let yet campaign launched on 9th Nov.</p> <p>Working on workshop to be tested on campus connectors and will be altered depending on feedback. Had confirmation from university housing week will be moved to February in the future to encourage students to wait for the new year until renting their following year housing.</p>
<p>Beating bullying</p>	<p>Further development of the consent campaign with the women officer in develop of the Bystander intervention training.</p> <p>Continuation of the stop spiking campaign – ensuring going into the venue with spiking stickers. – this will take place at some social through out the year.</p> <p>Breakthestigma Tshirts and art installation for national hate crime week.</p> <p>Promotion of zero tolerance of bullying and harassment .</p>
<p>Accessible union</p>	<p>InclusActivity week:</p> <p>Worked with VP Activities to put together a week of events and</p>

	<p>social media campaigns celebrating and helping societies who are being inclusive. Also collaborated with student officers and societies on this project. The LGBTQ+ Officer and Trans and non-binary officer had a large input into the Pride Workshops as well as helping in delivering this workshop. We also consulted the LGBTQ+ society and students within sports team and societies in the putting together of this.</p> <p>We have also collaborated with our Sign Language Society to deliver a Sign Language 101 workshop to allow students and staff to learn the basics of sign language to allow deaf students to participate more.</p> <ul style="list-style-type: none"> - - Have also worked to ensure su videos have captions. - Research done into braille menus <p>Worked on plain text versions of guides – such as GIAG</p> <p>Worked with VP Activities on IncludeActivity campaign ensuring sport is accessible for all students.</p> <p>Learning Sign language and participating in Sign Flashmob 28th Nov. Disability sport evening 20th Nov.</p> <p>Following an email from FM I was told that nothing could be realistically done to ensure the field car park was safer for students. Having decided this wasn't good enough I organised an meeting with Directorate. At this meeting I suggested three solutions.</p> <ul style="list-style-type: none"> - The sports flood lights be turned on 4-6pm so that the track is lit at key points. - The golf buggies run 4-6 as well as the morning so that its easily accessible in the dark. - The tennis court is used prior to opening the field so that students are kept as safe as possible <p>I presented these solutions to the PVC (Student Experience) and Vice Chancellor, discussed them and they agreed to implement all 3 solutions. The issue was solved within 4 days of it being brought to my attention.</p>
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Section 2 | Project work plan

In this section of the report you will need to fill this in for the first meeting. Once it is filled in you do not need to continually update it (unless any projects are altered throughout the year). There should be a short project plan for each project you have listed in Section 1.

1	Project Title	Constant Consent
	Project Objective (s)	<p>Consent is something that many students of all genders face at university. Whilst many students are aware of consent and what it is, there is still a lot to be done around consent and raising awareness of how consent can affect students' lives.</p> <p>Sexual violence is something that many people are less aware of and is something that we can do more to raise awareness of.</p> <p>To raise awareness of consent students face at university</p> <p>To inform students about the services the union and university have to if they need support in regard to consent and sexual violence.</p> <p>To make the consent campaign more accessible to students who feel the consent campaign does not relate to them</p>
	Officer stakeholders	Molly Houghton (Vice President Welfare); Kate Vickers (Womens Officer)
	Budget line	Policy & Campaigns – Campaigns & Projects
	Proposed budget	
	Outputs/Activities	Timeline
	Consent workshops	✓ Delivered workshops to all first year students over welcome week including editing the workshop to include small access break. September 2018
	Consent Booklet	✓ To Develop a booklet to go into halls and online for September 2019 including information on consent and sexual harassment.
	Ask for Angela	<p>✓ All su bar have been ask for Angela and GNO Trained</p> <p>✓ All su bar toilets in venue not have the poster in. Once more are printed they will be put in the bar toilets and hoping to allow the university to put them across the institution too.</p>

Outcomes/ Impact

What success looks like and when and how we will evaluate it

- Raising awareness of consent and sexual violence at uni
- University to implement consent guide into all halls
- University to adopt a Gender Reassignment and Trans and Non-Binary Equality Policy, which covers 'point of contact', graduation certificates, and also encompasses issues of curriculum, access, abuse, harassment or bullying, and facilities.

2	Project Title	World mental Health day
Project Objective (s)		Mental Health is something that is deeply felt by many students. In 2015, more than 15,000 first-year students disclosed a mental health condition — nearly five times the number in 2006, according to a study by the Institute for Public Policy Research, a think-tank. Student suicide deaths rose by 79 per cent during the same period, to a record 134 in 2015. Drop-outs, owing to mental health problems, have also risen to record levels. These numbers doubled between 2012 -2015 and have grown more since then. Right now Mental Health is a priority for students and they need to know that EHSU understands that and wants to not only raise awareness of mental issues of students but to also promote self-care activities to help improve students mental health.
Officer stakeholders		Molly Houghton (VP Welfare)
Budget line		Policy & Campaigns – Campaigns & Projects
Proposed budget		£250
Outputs/Activities		Timeline
Health Activities		<ul style="list-style-type: none"> - July 2018 met with FOH team to plan events - Health stall with various activities - Suicide prevents and mindfulness training - Charlie Waller Foundation. - August 2018 - Met with health to confirm events - Fac health students talking part - Time to think of you.
Student Services and Wellbeing		<ul style="list-style-type: none"> - Met with wellbeing team to collaborate on WMHD July - Ice cream van and student services stall for WMHD confirmed – students will receive a voucher from wellbeing team. - Collaboration with campus life on de stress pack 0 split cost. <p>August 2018 – campus connectors will give bags out on the day. Wellbeing survey meeting w/ student services to collaborate on questions.</p>

Hub Activities	<ul style="list-style-type: none"> - Yoga activity - ran by staff member in university. Can only have 20 students at. - - Guide Dogs – in the hub, paws for a break. Guide Dogs organisation in with donations. - - Mental Health Mythbusting and Torch song juke box – ran by officers and Ptos. Songs that get students through the day. - - Student minds society and Sign Lang soc – student societies discussing mental health. - - Gender and Mental Health workshop Workshop and discussion with Max – Trans and Non-Binary Officer and Chris steel mens rep of student minds society - - Bath Bombs - Ran by Dan and Joe, Students have the opportunity to make their own bath bombs.
Outcomes/ Impact What success looks like and when and how we will evaluate it	
<ul style="list-style-type: none"> - 200 responses on Wellbeing survey - measure how many people we speak to and how many people we inform - How many people attend each activity? - Events such as Yoga Workshop will be a book on events so can measure prior to event. - - 	

3	Project Title	Mental Health as a priority campaign for the Union
	Project Objective (s)	<p>Mental Health is something that is deeply felt by many students. In 2015, more than 15,000 first-year students disclosed a mental health condition — nearly five times the number in 2006, according to a study by the Institute for Public Policy Research, a think-tank. Student suicide deaths rose by 79 per cent during the same period, to a record 134 in 2015. Drop-outs, owing to mental health problems, have also risen to record levels. These numbers doubled between 2012 -2015 and have grown more since then. Right now Mental Health is a priority for students and they need to know that EHSU understands that and wants to not only raise awareness of mental issues of students but to also promote self-care activities to help improve students mental health.</p>
	Officer stakeholders	Molly Houghton (VP Welfare)
	Budget line	Policy & Campaigns – Campaigns & Projects
	Proposed budget	Tbc

Outputs/ Activities	Timeline
Mens mental health	<ul style="list-style-type: none"> - For years students have called for the union to do something on Mens mental health and we have yet to see it, being lead by any student to identifies as a man. - 18th October 18 – students contacted to see if they would like to be part of a mental health working group. - 26th October – Mental health rep elected – fist ever man to be elected into this role. Become part of group. - 30th October – call on social media for any men who want to be part of the group. - 31st October – working group first meeting. - 05 November – meeting scheduled with local barber RE: barber talk.
Trans Day of remembrance	<ul style="list-style-type: none"> - Met with T&NB officer to plan TDOR in September. - Ideas for the day put to students at LGBTQ+ Society October 11th. - Planning meeting with TNB officer to finalise plans for TDOR – 30th October.
Outcomes/ Impact What success looks like and when and how we will evaluate it	
<ul style="list-style-type: none"> - To run a Mens mental health campaign - The university to agree to sign the student mind charter. 	

4	Project Title	Pride week 2019
Project Objective (s)		<p>To engage students in LGBTQ+ events</p> <p>To educate people about different parts of the LGBTQ+ community</p> <p>To allow LGBTQ+ students to access information and speak to people within and about the community.</p> <p>This event has been held over the last 3 years and has always been very successful, Students not only attended the events held but lead as performers too.</p> <p>The event created a great space for LGBTQ+ students as well as brining non-defining students into elements of the community</p>
Officer stakeholders		<p>Molly Houghton (Vice President Welfare);</p> <p>Max Beaton (Trans and non-binary officer)</p> <p>Molly Smallwood (LGBTQ+ Officer)</p>
Budget line		Policy & Campaigns – Campaigns & Projects
Proposed budget		600

Outputs/Activities	Timeline
<p>Light Switch On</p> <p>Pride fair</p> <p>Clothes Swap</p> <p>Pride Workshops</p> <p>Pronouns Workshop</p> <p>Drag Race</p>	<ul style="list-style-type: none"> ✓ Emailed faculty manager to confirm lights switch on. ✓ Pride in Socs and Sports - Met with Officers and VP Activities to plan contents ✓ Met with LGBTQ+ society to discuss what they would like to see in the ws. ✓ Met with VP A to conduct workshop slides ✓ Delivered to group during Inclusactivity week and through pride week. ✓ Met with Bar to discuss MILK and Drag race ✓ Quote from PH production on staging for events. ✓ Met with LGBTQ+ Soc and Taught song for Sign Language Flash Mob ✓ Contacted externals for Pride fair ✓ Contacted Lancs Police for bringing police car ✓ Drag race judges contacted.
<p>Outcomes/ Impact What success looks like and when and how we will evaluate it</p>	
<p>- Societies and sport committee members attend Pride Workshops - Numbers</p>	
<p>- To encourage more people to ask question about pronouns and ask what pronouns are - feedback</p>	
<p>- Greater number for Drag Race this year – 250 tickets sold.</p>	

Section 3 | Key events, meetings, Students' Union and media engagement

In this section of the report you will need to update this before each meeting. There's no need to record every single meeting you have in your diary but put in here all the key meetings or events you may have had with students, union staff, university staff, external agencies, NUS or other SU's. Keep it short and focus on what the outcomes or impact was as a result of the meeting.

Event, Meeting or Media	Date	Outcomes / Impact
<i>Write here the name of meeting, event, visit or media organisation</i>		What was the key outcome or impact of this engagement?
Sarah Crowley – student experience	03/07/18	<ul style="list-style-type: none"> - Big Read - Relevant to students - Be like Raymond for WMHD. - Student journal project
Helen Connely - FM	05/07/18	<ul style="list-style-type: none"> - Kettles and microwaves - Lighting up the building for bi week/trans remembrance - WMHD 10th October - fair
Simon Bell and Beverly - Catering	10/07/18	<ul style="list-style-type: none"> - Faith students food provisions – more veggie and vegan food. Hallal and Kosher food – piloting more hallal and Kosher food in kitchen on request. - Working with local organisation on food waste. - Su photos back in the hub.
NUS Lead and Change	3/07/18-02/08/18	<ul style="list-style-type: none"> - Networking & best practice sharing Nationally.
Student minds Mental Health Training	12/08/18	<ul style="list-style-type: none"> - Mental health training in York to give students support with their health and wellbeing.
Chaplaincy	14/08/18	<ul style="list-style-type: none"> - Meeting with Ruth to discuss Magnolia center future, Change to faith and reflection room, interfaith week and holiday provisions.
Wellbeing Team	15/08/18	<ul style="list-style-type: none"> - Updates to WMHD and discussion around halls talk consent
Accommodation team	17/09/18	<ul style="list-style-type: none"> - Discussion around don't let yet campaign and encouraging students not to let early on in the year.
Directorate	25/09/18	<ul style="list-style-type: none"> - Updates on Campaigns and plans since start of office.
Merseyside Sabbs Gathering	05/10/18	Hosted Network, discussing range of issues affecting local students – follow-up necessary.

Trand and non binary officer	11/10/18	<ul style="list-style-type: none"> - Ideas for TDOR - Agreed to consult the society on this - Ideas of lighting up the building
Mens mental health working group	31/10/18	<ul style="list-style-type: none"> - Ideas for Mens mental health day - Suggested idea of the barber shop idea - Su president to organise meeting with barber
Joe the Barber	05/11/18	<ul style="list-style-type: none"> - Scheduled meeting with barber - To train on places students can go to discuss mental health - To discuss Movember prizes - Unfortunately this was rescheduled due to a communication issue.
Meeting with John Cater and Lynda Brady	08/11/18	<ul style="list-style-type: none"> - Welfare Campaign update - Presenting results of WMHD Survey - Parking Accessibility issue - University agreed to sign up to Student minds mental health charter - University agreed to VP Welfare suggestion on parking <ul style="list-style-type: none"> - The sports flood lights be turned on 4-6pm so that the track is lit at key points. - The golf buggies run 4-6 as well as the morning so that its easily accessible in the dark. - The tennis court is used prior to opening the field so that students are kept as safe as possible
Ruth from chaplaincy	12/11/18	<ul style="list-style-type: none"> - Interfaith week - Artwork for faith forum - To hold Hanukah celebration in Dec - Prayer spaces - Different faiths and activities - Henna, food etc - 6 tables (different faiths)
Meeting With Dan B	12/12/18	<ul style="list-style-type: none"> - Inclusactivity Week (Last week Jan) - Variety of events/social media - Speak to sign soc about sign 101 ws - Host one pride in sport ws here - Social media spotlight for inclusive society posts
Molly Smallwood and Max Beaton	09/01/19	<ul style="list-style-type: none"> - Pride week - Pride fair? Contact locals - Clothes swap can help trans people with clothes and sustainable - MILK social again? - Can host Pronouns workshop again – promote to staff and students. - Drag Race – same as last year, possible use of previous contestants as judges. - Films screenings?
Kate Vickers	10/01/19	<ul style="list-style-type: none"> - Womens week - Women through history exhibit - Stop spiking - Include socs like fem soc and women in stem - Captain marvel showing?

Campus life	11/02/19	<ul style="list-style-type: none"> - Discussion about university mental health health day, - Look at possible events for the day - Look at what worked and didn't work for WMHD - Petting zoo – possible implications on student backlash due to animal welfare?
Student services	15/02/19	<ul style="list-style-type: none"> - Disucsson of night reports following socials - Consent and bystander training for students - Discussion of how the workshops will work and how can it be as inclusive as possible.
Reclaim the night	19/03/19	<ul style="list-style-type: none"> - Planning for event of 5th of may - Organising the event

Section 4 | Declaration of gifts, hospitality and interests

In this section of the report need to update this before each meeting. If you receive any gifts as a result of you doing something in your capacity as an elected officer of EHSU you need to report it. You also need to declare any conflicts of interest you may have as a result of your affiliation with other organisations/individuals.

Declaration	Further comment
Nus Lead and change	Travel and accommodation
Catalyst	Free water bottle